

## Avon Youngsters Star at South West Championships

Avon's youngsters shone at the South West Sports Hall Athletics Championships held in Torbay.

Pride of place goes to the under 13 Boys team who won the South west title with phenomenal performances to defeat the other counties.

The other 3 teams Under 13 Girls, Under 15 Boys and Under 15 Girls all finished a close 2<sup>nd</sup> to Gloucestershire and Devon respectively.

Noah Jeremiah (Sidcot) took pride of place when he won the Vertical Jump with an incredible 74cms a South West Record but sadly injured himself landing in the event. He had previously won his 2-lap heat in the 2<sup>nd</sup> fastest qualifying time.

Conor Chick (St. Katherines School) took first place in the 2-lap, and led the 4x2-lap Relay team to victory. He also took 2<sup>nd</sup> in the Triple Jump with a jump of 7m35

Oscar Warren (St. Katherines) won the 4-lap, and the Speed Bounce with 83 bounces, and paired with Shay Melias (St. Katherines) finished 2<sup>nd</sup> in the 8-lap Paarlauf. In the 4-lap Shay Melias finished 2<sup>nd</sup> in his heat with another good run, also finishing 2<sup>nd</sup> in the Vertical Jump with 55cms.

Zac Kodji bounced to 2<sup>nd</sup> place in the Speed bounce with 79 to add to the team score. Zac and Calvin ran superbly in the Obstacle Relay with Charlie Ball (Red Green), and Shay to add another win.

Calvin Barbosa Goa won the Standing Long Jump with 2m43 with Jonny Trew (Trinity School) 2<sup>nd</sup>.

Kameron Bragg won the Shot with 9m 53, with Archie Paton (Bristol Free School) 2<sup>nd</sup> over 8m50 for the first time. Kameron then stepped up to run a 2-lap relay with Conor, Archie and Jonny to win convincingly. Archie was outstanding in the 4x1-lap and 4x2-lap relays setting up 2 superb wins.

Will Pook (Ashton Park) ran an incredible 6-lap hunting down the early leader from Devon just pipping him on the line for an incredible win supported by a loud Avon cheer from the supporters.

In the same event Sam Ball (Redland Green) ran well in his heat for a superb 2<sup>nd</sup> place. His brother Charlie ran brilliantly in the Obstacle Relay and the 4x1lap relay helping to secure another 2 wins.

Bence Sander (St. Katherines) won another 2-lap race, and Cypress Hughes (Oasis Brislington) recorded a magnificent 6m30 in the Triple Jump for 4th place.

The under 13 girls performed with distinction to finish a close 2<sup>nd</sup> to Gloucestershire. With several leading athletes not able to compete being involved in other events nationally the Girls competed above expectation.

Martha Herringshaw (Gordano) led the way winning the 2-lap and Triple jump (6m61) as well as helping the 4x 2lap to a great win closing on the leader on the line. Other members

of the team Temi Adeyemo (St. Bernadettes), Eliza Price (Gordano) and Martha Stenner (Bristol Free School) South West Champions.

Gabriella Muguti (Churchill) won the long Jump title with 2m17 and ran with distinction in the 4-lap. with a good 3<sup>rd</sup> place.

Temi Adeyemo (St. Bernadettes) won the Vertical Jump with 57cms.

Amelia Clarke (St. Bernadettes) finished 2<sup>nd</sup> in the 6-lap with 1. 18. 6, together with the 4x 1lap Relay team of Ellenore Hunt (Priory), Bathany Sanders (St. Bernadettes), Temi Adeyemo (St. Bernadettes) and Martha Stenner (Bristol Free Sch).

3<sup>rd</sup> place was achieved by Amira Chowdhury Barratt (Oasis Bris) after a fine run finishing in 1. 19. 6, and Shantajah Simmonds (St. Kath's) in the Triple Jump with 6m40, The Paarlaf team of Laura Smith (Churchill) and Gabriela Muguti also finished 3<sup>rd</sup>.

Maisie White (Hayesfield) finished a creditable 4<sup>th</sup> in the Shot 7m82, as well as Bathany Sanders in the Speed Bounce 72cms, and Ellenore Hunt in the Vertical Jump with 53cms.

A fantastic group of Parents and supporters cheered their heart out to encourage each athlete home.

DGT/SBJ March 19<sup>th</sup> 2023.