



Please note: There are starts at both X and Y

Start Time	Age Category	Course	Distance
10.50	Senior Boys	Start X: ACACACT	6350m
11.00	Minor Girls	Start X: ACT	2350m
11.10	Minor Boys	Start Y: CACT	3150m
11.30	Junior Girls	Start Y: CACT	3150m
11.45	Junior Boys	Start X: ACACT	4250m
12.00	Inter and Senior Girls	Start X: ACACT	4250m
12.15	Inter Boys	Start Y: CACACT	5250m

Further information: Time keeping and race management is in the Athletics hut adjacent to Start X. Shelter is available in the changing rooms at the KWS School pavilion or in the Sedgley pavilion opposite Start Y. Toilets are at the KWS School Pavilion. There is a water point under the balcony at the KWS School Pavilion.