Relays For the 2025 English Schools Championships

Mixed Relay teams will be sorted from the following athletes. Each mixed Relay has 2 Girls followed by 2 boys.

The relay teams can only be selected from athletes selected for individual events at the ESAA Championships, hence some squads include athletes who don't normally run relays.

Avon has a strong tradition in the relays, and team members have often returned home with unexpected medals! Be prepared you might be asked!

Junior	Inter	Senior
Serena Challis	Beth Turner	Eleanor McIntosh
Elizabeth Hutchings	Kezia Tarzey	Jemima Woods
Ollie Moon	Martha Herringshaw	Laura Chance
Felix Gross	Gertie Blewitt	Holly Sanigar
Lola Simpson	Owen Boon	McKenzie Ritson
Darcy Simpson	Noah Gurtibbay	Ashley Avis
	Dan Webb	