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English Schools Track & Field Championships
Friday, Saturday and Sunday 9th to 11th July 2021
Regional Athletics Centre, Rowsley Street, Manchester, M11 3FF

Dear athlete,

Congratulations on your selection for this event. The 'English Schools' is a large and well-known championship event, where many international stars first made their mark. All Avon athletes have already performed to a high standard and can wear their county vest with pride.

This Year's Arrangements: In order to design an event which is Covid-19 safe, a number of changes have been made for this year.

- Each age group will be competing on one day only:
 - **Senior** (Y12+13) Girls & Boys: Friday, July 9th
 - **Intermediate** (Y10+11) Girls & Boys: Saturday, July 10th
 - **Junior** (Y8+9) Girls & Boys: Sunday, July 11th
- The first event will start at 12:30, last event 17:55 each day, and will be straight finals, apart from the sprints. Long throws may be held at East Manchester Academy.
- The county will not be providing transport, accommodation or any food, so you will need to make your own way there and back and bring your own packed lunch.
- You must take a Covid test the day before, and the another the day after you compete.
- There will be no separate team meeting this year.

Team Managers: The following team managers will be present on the day to meet you, provide your numbers and any kit ordered (see below), and guide you through the procedures:

- Ken Holmes kenholmes2000@yahoo.com 07971 736 262
- Dave Turner dgt56@hotmail.com 07747 024 799
- Sue Jones sbj23@hotmail.co.uk 07747 024 799
- ***Please aim to meet one of these managers in the North Stand at least 2 hours before your event.***

Further details can be found on the English Schools website: www.esaa.net | Track & Field

Cost: The event entry fee is £20, which unfortunately the county association needs to ask you to pay. *Since this is a prestigious event, many schools will pay whole or part of the event cost. Please get in touch with Jim Strudwick if you would like us to write to your school about this.*

Payment: You can either:

- pay **online**, to account Avon Schools AA, sort 40-17-32, account 71194836, quoting the athletes' name as reference;
- or **post** a cheque (payable to 'Avon Schools AA') to Jim Strudwick, 8 Chevening Close, Stoke Gifford, BS34 8NJ.

Please include both match fees and the cost of any kit purchased.

Kit: All runners must wear a county vest, **and county shorts**. County kit is available to purchase:

Vest	£12.50	Sizes Small, Medium, Large
Classic Shorts	£12.50	Sizes Small, Medium, Large
Lycra Shorts	£16.50	Sizes Small, Medium, Large
Hoodies	£18.00	Sizes Small (up to 38 inches/97 cm), Medium (up to 42 inches/107cm), Large (up to 46 inches/118cm)

Kit is also available to borrow (for free): Vest, classic shorts, lycra shorts (but not hoodies), sizes as above. Please had borrowed kit back to your team manager before leaving.

Please come prepared for all weather. The stadium can be cold and windy, and it is better that you find yourself having to take clothes off, rather than to sit about getting cold. However, it is not impossible that the weather will be hot and sunny, so please bring sun-tan lotion.

Medical Conditions and Clearance: On your confirmation and consent return we only need to know of any condition which might present a problem on the day, for example should you need medical treatment (e.g. asthma or intolerance to drugs).

There may be anti-doping drug testing at this event. Please keep a note of any medicine (whether prescribed or over the counter remedies) taken in the 7 days leading up to this event. You do not need to give this to anyone, unless selected of drug testing. A team manager will always accompany any athlete selected for testing. Athletes who expect to compete at an international level should check whether they need a full Therapeutic Use Exemption. Please see the TUE page of the UK Athletics website.

Parents: There will be separate seating for parents, who will receive an email directly from ESAA about ticketing. It is likely that only one parent, and possibly a coach, will be allowed into the stadium.

Confirmation to Compete, Consent and Kit Requirements

We are again using email to confirm athletes' availability and kit requirements. There is a link on the website which should generate a preformatted email on the website. Should that not work, please copy and paste the following, complete / delete items as applicable, and return to: manager.tf@avonschoolsathletics.org.uk

Subject: English Schools T+F Championships Confirmation & Kit

Athlete's NAME:

Parent or Guardian (on the day) NAME:

Parent or Guardian (on the day) MOBILE phone number:

I wish to BUY (delete all those not applicable):

Vest / Classic shorts / Lycra shorts / Hoodies

Sizes (for each):

I wish to BORROW (delete all those not applicable):

Vest / Classic shorts / Lycra shorts

Sizes (for each):

PAYMENT (see letter)

Total due including £20 match fees is: £

I am paying ONLINE / posting a CHEQUE