

Re: Avon Schools Cross Country Championships
Kingswood School Upper Sports Field, Bath (BA1 9AU)
Saturday 18th January 2020

Dear athlete,

This year the Avon Schools Cross Country Championships will be held at Kingswood School Upper Sports Field, Bath (BA1 9AU) on **Saturday 18th January 2020, with a 2.00 p.m. start.**

Athletes please report to your district team managers to collect your numbers. Please wear your number on the **front** of the vest, and provide your own pins.

Since district team managers have each entered 16 names, of whom only 10 will actually be running for the district, **you will be wearing a number from 1 to 16 corresponding to your name on the district entry form.** This does not denote any priority in the team. The first 6 to finish for each district score team points.

District Team Managers: Please report to the organisers on arrival, to check your entry and collect your athletes' numbers. Please indicate, on the entry form, any quality athlete who is unable to run in this event.

Timetable

- 2.00 Senior Boys
- 2.10 Minor Girls
- 2.20 Minor Boys
- 2.40 Junior girls
- 2.55 Junior Boys
- 3.10 Inter and Senior Girls
- 3.25 Inter Boys

Please note:

1. There will be no changing facilities available, so athletes are advised to come changed.
2. There are toilet facilities, but they will need to be treated with the greatest respect.
3. All courses are suitable for spikes.

AVON SCHOOLS SELECTION POLICY

- 1 First 4 in every race will gain Automatic Selection for the South West Schools Championships on Saturday February 8th in Bournemouth. The other 6 places will be selected by the committee immediately after the Championships. Performances in other races will be taken into consideration.
- 2 **Teams selected for the South West Schools Championships will be announced on the Avon Schools website. You will need to reply to confirm travel and kit requirements. We will not be sending out any letters**
- 3 Final Selection for English Schools X-C Championships will be made during the week following the South West Championships. The top 4 at the South West, in the Junior, Inter and Senior age groups will get Automatic Selection and the other 4 places will be done at selection. Athletes in the Junior and Inter age group need to have competed at either Avon Schools or the South West Schools to be considered for English Schools Selection. Minors do not compete at the English Schools Champs.